

HR Internship - Continental Solution Center

Your tasks

The HRBP department at Continental Solution Center (CSC) is responsible for managing multiple HR processes, such as multiple recruitment and selection activities, coordination of onboarding activities or preparation for the integration of new employees. The internship project is designed to support the implementation and review of internal tools/resources (e.g., job mapping; replacement matrices; feedback interviews; reporting/dashboarding), both in terms of execution and monitoring/follow-up of ongoing activities, thereby contributing to their development and efficiency.

Main Goals:

- Comprehend and participate in core HR functions, understanding their importance for the organization;
- Provide support for recruitment and onboarding processes, ensuring smooth integration of new joiners into the organization;
- Contribute to employee engagement and employer branding initiatives, focusing in talent retention and attraction;
- Maintain HR Records, ensuring compliance with regulations and internal policies, maintaining data quality requirements;
- Develop professional skills essential for an HR career.

Your profile

- Attending or with academic degree completed in Economics, HR, Management, or other relevant;
- Strong communication and interpersonal skills;
- Solid English language skills (verbal and written);
- Proficient in Microsoft Office tools;
- Data analytics skills and dashboarding (preferable);
- Positive attitude and willingness to learn;
- High sense of discretion and confidentiality;
- Able to collaborate on an inclusive and multicultural work environment.

Our offer

Our offer:

- Integration in a challenging and international work environment;
- Collaborative working style;
- Learning opportunities for professional development.

We are committed to fostering a workplace where everyone feels safe, respected, and valued. All kind of applications are welcome.

Please note:



Job ID

REF90789Q

Field of work

Human Resources

Location

Lousado

Legal Entity

**Continental Solution Center
Portugal, Unipessoal, LDA.**

- Mandatory to be studying in a Portuguese University, ready to start the internship;
- To initiate on the 2nd Semester of 2025-2026.

Ready to drive with Continental? Take the first step and fill in the online application.

About us

Continental is a leading tire manufacturer and industry specialist. Founded in 1871, the company generated sales of €39.7 billion in 2024 and currently employs around 95,000 people in 54 countries and markets.

Tire solutions from the Tires group sector make mobility safer, smarter, and more sustainable. Its premium portfolio encompasses car, truck, bus, two-wheel, and specialty tires as well as smart solutions and services for fleets and tire retailers. Continental has been delivering top performance for more than 150 years and is one of the world's largest tire manufacturers. In fiscal 2024, the Tires group sector generated sales of 13.9 billion euros. Continental's tire division employs more than 57,000 people worldwide and has 20 production and 16 development sites.