

ESH Intern

Your tasks

The ESH Co-op will support the Environmental, Safety, and Health (ESH) team by assisting with inspections, compliance programs, risk assessments, and safety initiatives. This position provides hands-on experience in workplace safety, environmental compliance, and regulatory training development. The ideal candidate is detail-oriented, organized, and eager to learn in a fast-paced manufacturing/operations environment.

Key Responsibilities:

- Conduct **Risk Assessments** to identify potential hazards and recommend corrective actions (Primary).
- Review and update **Job Safety Analysis (JSA's)** – (Primary)
- Perform **Environmental Daily, Weekly, and Monthly Inspections** to ensure compliance with internal policies and regulatory requirements.
- Maintain organization in the **OSS Room**, including marking, labeling, and managing drums according to waste streams.
- Assist with **updating and creating GHS labels** for products.
- Support the **Safety Data Sheet (SDS) Program**, including updating and maintaining SDS's.
- Use **Compliance Quest** to document, track, and follow up on safety and environmental activities.
- Provide support with **Workers' Compensation case management**, including tracking, reporting, and follow-up.
- Assist in **incident and injury investigations**, documenting findings and helping to implement corrective actions.
- Participate in the **Safety Sign-Off Program**, ensuring employees are properly trained and verified for specific tasks.
- Contribute to the **development of regulatory training**, creating content and supporting training delivery.

Your profile

- Must be enrolled as a full-time student at an accredited college.
- Strong attention to detail and organizational skills.
- Effective communication skills, both written and verbal.
- Ability to work independently and as part of a team.
- Proficiency with Microsoft Office (Word, Excel, PowerPoint).
- Interest in regulatory compliance, safety, and environmental sustainability.

DESIRED EDUCATION / EXPERIENCE / SKILLS:

- Pursuing a degree in Environmental Science, Occupational Safety, Industrial Hygiene, Engineering, or a related field.
- 1.5 years of remaining undergraduate studies.
- Work at least 12 hours per week while school is in session.



Job ID
REF90346B

Field of work
Health Safety and Security

Location
Lincoln

Legal Entity
ContiTech USA, Inc.

- Flexible work schedule to work around school schedule
- Ability to flex up to 40 hours per week when school is not in session.

Our offer

EEO-Statement:

EEO / Disabled / Protected Veteran Employer. Continental offers equal employment opportunities to all qualified individuals, without regard to unlawful consideration to race, color, sex, sexual orientation, gender identity, age, religion, national origin, disability, veteran status, or any other status protected by applicable law. In addition, as a federal contractor, Continental complies with government regulations, including affirmative action responsibilities for qualified individuals with a disability and protected veterans, where they apply. To be considered, you must apply for a specific position for which Continental has a current posted job opening. Qualifying applications will be considered only for the specific opening(s) to which you apply. If you would like to be considered for additional or future job openings, we encourage you to reapply for other opportunities as they become available. Further, Continental provides reasonable accommodations to qualified individuals with a disability. If you need assistance in the application process, please reply to Careers@conti-na.com or contact US Recruiting at 800-821-2727. This telephone line and email address are reserved solely for job seekers with disabilities requesting accessibility assistance or an accommodation in the job application process. Please do not call about the status of your job application, if you do not require accessibility assistance or an accommodation. Messages left for other purposes, such as following up on an application or non-disability related technical issues, will not receive a call back.

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About us

The Business Area ContiTech develops, produces and markets products, systems and intelligent components made from rubber, plastic, metal and textiles. These products are used in mining, the agricultural industry, railway engineering mechanical and plant engineering, the automotive industry and other important sectors of the future.